Student Services

CNR Wisdom for life.

Health Services

Spring 2013

January

Healthy Hearty Welcome

Meet the staff of the Counseling & Health Services Office during your lunch break.
Stop and see what services we offer and how we can help you! Enjoy a taste of feeling good!!

Wednesday, January 30, 2013 12:-2pm Sweeny Student Center Foyer

February

Go Red for Women-Myths in Hypertension

Fact or Fiction-Dispel the myth of hypertension! Learn how to care for the one you love the most and who you need to love the most. The steps are simple-learn the facts about heart disease, prevention and lifestyle changes. Put the myths to rest!

Wednesday, February 6, 2013 12:30-1:30pm Sweeny Student Center Dining Hall

April

Blood Drive

Sound Shore Medical Center's Blood Donor Bank will be on campus once again! Let's continue to make a difference in someone's life and donate blood!

Thursday, April 11, 2013 9am-3pm Iselin Room

Blood Pressure Screening

High blood pressure is a common condition, affecting 29% of the adult population in the US. It is a major risk factor for heart attack, stroke & kidney disease. Being aware of your blood pressure reading is an important indicator for prevention. It only takes a few minutes to check but it's worth extending your life!

Wednesday, February 27, 2013
Wednesday, March 20, 2013 12 - 1pm Health Services Office
Wednesday, April 24, 2013

Cardiopulmonary Resuscitation Courses

Full Course 9:30am-2:30pm

Friday, January 4, 2013
Monday, February 25, 2013
Friday, May 3, 2013

Recertification Course 9:30am-1:00pm

Friday, February 22, 2013
Monday, April 29, 2013

Cardiopulmonary Resuscitation courses are offered throughout the school year. The schedule and registration forms can be obtained online at http://www.cnr.edu/documents/spring-cpr-reg.pdf